

FAITH BASED

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About Our Yoga Studio

We are a YogaFaith studio and teach all classes from a Christ Centered Perspective. We are the only studio in town that teaches Yoga as a therapy.

**Our Special
Discount Promo!**

**\$35 PER
MONTH**

- setup on 12 month auto draft contract

prodigygyoga.com

What we offer!

Yoga Classes



We offer a variety of classes each week and Private Sessions. See our current schedule @ Prodigyyoga.com

PURE



We offer meal prep and a once weekly meal. Each meal is gluten free, dairy free, refined sugar free and as organic as we can find.

Shopping



Our products are mostly USA made, organic, and chemical free! Shop in person or shop anytime @ shop.prodigyyoga.com

Get In Touch With Us



210-860-3493



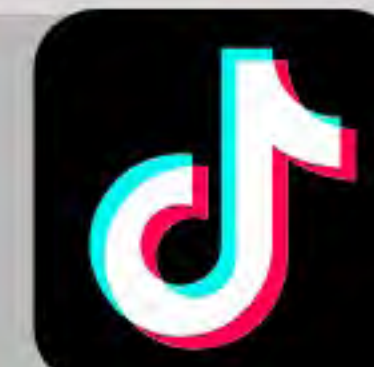
Jessica@prodigyyoga.com



3423 New Boston Road
Texarkana, TX 75501

If you have ever been interested in joining a group of like minded individuals who desire to live a life of wellness, join us now!

Prodigyyoga.com



Our Staff

Owner and Founder of Prodigy, Jessica McCarty is a Level 1 Yoga Therapist with over 700 hours of Yoga Teacher Training. She implements Meditation, breathwork, movement and more in her group classes and Private Sessions



After doubting her abilities to begin a yoga practice, Rebecca has found healing through her faith based yoga journey. She had been teaching for over 1 year at Prodigy and is in the process of obtaining her 200 hr YTT.

After a year of building her own yoga practice, Dala found healing through the True Healer, Jesus Christ! Yoga has helped along the way and Dala truly believes this practice has enabled her to accomplish many physical goals as well as spiritual. She is currently in YTT.



Stephanie has been practicing with us for a short time, but has already witnessed a transformation in her spiritual, physical and mental well-being. Stephanie the studio assistant helping with the shop and anything else that may need to be done. She has just begun her YTT and has started teaching at Prodigy.